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| Runner #1 14.01 miles | Runner #2 11.51 miles | Runner #3 11.68 miles | Runner #4 12.92miles |
| Leg 1: 4.3 milesStart - Ingles | Leg 2: 3.74 miles | Leg 3: 3.21 miles | Leg 4: 4.52 |
| (L) Dallas Cherryville | Technology Park | (R) North Marietta | (L) Garrison  |
| (L) Rhodes Drive (Gaston College) | (R) Grier Beam  | (R) North South St  | (R) Burtonwood Dr |
| (R) Rhodes Perimeter Dr (College Loop) | (R) Old Dallas Rd | (L) South York St | (L) Dixon Rd |
| (L) Dallas Cherryville  | EZ Ahead Sims Park  | (L) West Garrison  | (R) New Hope |
| (L) Leisure Lane (Folsom) Run To Bottom Of Hill Back Up |  | (L) Museum (Gashouse) | (R) Robinwood |
| (L) Dallas Cherryville | Leg 6: 3.97 miles | Ez Ahead | (R) Hudson |
| (L) Dallas Bessemer  | South New Hope |  | (L) Union |
| (L) Technology Park  | (L) Cramer Mt Rd | Leg 7: 3.22 miles | (R) Rivermont  |
| EZ Ahead  | Continue 8th Ave  | (R) Greenwood Place Rd | (L) Valleywood |
|  | (R) Over Crosswalk Bridge | (L) Armstrong Drive | (L) Neal Hawkins/Around Martha Rivers |
| Leg 5: 5.15miles | Over South Fork River | (R) Lake Drive | EZ Ahead Pelicans |
| (R) Neal Hawkins  | EZ Ahead  | (R) Hubbard St |  |
| Continue Robinwood Rd |  | Continue Oakland Ave | Leg 8: 4.48miles |
| Continue Hoffman Rd | Leg 10: 3.4 miles | Continue Mason St | (R) Catawba |
| (R) Hudson | (R) Main St | (R) Sr 3083 | (L) Park |
| (R) New Hope | Cont. on McAdenville | (R) Lincoln St | Continue on Beaty |
| EZ Ahead / Piedmont Charter | (R) North Main St | (R) North Central Ave | Continue On South Main  |
|  | (L) Poston Park | (L) West Myrtle  | (L) Rankin Ave |
| Leg 9: 4.56 miles | (R) Tower Rd Lap around soccer field | (L) South Main | (R) South Hawthorne |
| (R) West Catawba | EZ Ahead | EZ Ahead - The Yank | (L) W Catawba |
| Continue Perfection Ave |  |  | EZ Ahead |
| (L) Hickory Grove  |  | Leg 11: 5.19 miles |  |
| (R) Main |  |  | Leg 12: 3.92 miles |
| EZ Ahead McAdenville Baptist |  | (R) Lowell Spencer Mt | (R) New Hope Rd  |
|  |  | (R) On (7) West 1st Street | (L) Robinson Clemmer Rd |
|  |  | Cont on Lowell Rd | (R) Rosewood Dr |
|  |  | Cont on Ozark | (L) Main St |
|  |  | (L) Into Fast Stop Gas Station | (L) East Main |
|  |  | EZ Ahead  | EZ Ahead Ingles  |
|  |  |  |  |